

SUNDAY'S MESSAGE NOTES

How to Ruin Your Marriage:	
on to	
Letting go of hurts is a	, consistent, and
choice.	
is a choice to	·
is proof that	is
·	
In every relationship you can either the _	
Love	
the best.	
Choose to believe the best before you with your	
Believing the best	for
people to their best.	
Believe the best and	with the

CHECK IT OUT FOR YOURSELF

Bible passages referred to in this message: 1 Corinthians 13:1-7



CONNECT GROUP QUESTIONS

- 1. What has stood out to you most in this series? Why?
- 2. On a scale of 1-10, with 1 being "I can let go almost immediately" and 10 being "it takes a lot of time and effort," how difficult is it for you to let go of a grudge? How has that tendency affected your relationships, for good and bad?
- 3. Jon said, "Believing the best gives space for people to be their best." When have you seen this play out? Give an example from a relationship or situation in your life.
- 4. Read 1 Corinthians 13:4-7 again. Which of these characteristics of love described by the apostle Paul needs to be dialed up in your relationships?
- 5. What is one thing you can do this week to love and trust in your relationships? How can your group support you?

