

I. ME

A. Welcome

B. Intro series

1. All becoming something
2. Who do you want to be?
3. **Nobody will read your resume at your funeral**
4. Decide who we want to be and be remembered as.
5. More than that... what if we were able to choose what our communities would be like and known for?
6. Start with our church... why we chose the values we have.

C. Today Courageous Faith.

1. Fear is so common and if you let it win often enough it will ruin your life...

D. A lot of things tend to freak me out.

1. Church stuff
2. Family
3. Health- Mole
4. House Parking Lot

II. WE

A. All have fears

1. Things that could happen, might happen again, won't happen that we can't really do anything about
2. You don't know the future but you have to go there anyway.

3. Our usual response to fear is I MUST or I CAN'T

4. Fight or flight
5. Most of us lean one way or the other but have experienced both

B. I MUST (Overcompensate)

1. Fight back and push to control your environment
2. Allowing fear to control you.
 - a. Bullying people/ constant stress
 - b. Never really enjoying a life worth living.

C. I CAN'T (Capitulate)

1. Allow "the what if's" and "yeah but's" to win- really doing nothing and attempting nothing. Allowing fear to paralyze you
 - a. It's too overwhelming... I can't control anything
 - b. So I won't try
 - c. Accomplishing nothing, making no difference, just getting through each day.
 - d. Never really enjoying a life worth living

D. **Taking control and giving up are both rooted in fear.**

1. And they both have the same end... a wasted life.

E. What do I MUST and I CAN'T have in common?

1. **"I"**
2. **Fear comes from thinking everything relies on you.**
3. And- You know you... you're ok, but you don't have it all figured out and together... who wants to rely on that person?
4. If your future always relies on you, you will either Capitulate or Overcompensate.

F. There's another choice...

1. Fear doesn't have to control us or paralyze us.
2. We can have peace and at the same time...
3. Confidence to take risks and step into an unknown future that you don't/can't control

G. I MUST, I CAN'T or... I TRUST

1. Choosing to trust something (someone) bigger than you.
2. Someone bigger than your circumstances.

H. I'm going to pose to you the answer to having a peaceful confidence in every area of your life is trusting an ancient Jewish teacher.

1. **Our level of confidence is dependent on what we choose to trust.**
2. Let me show you why...

III. GOD (Mark 5:21-43)

A. Background of Mark

1. Friend of Peter
2. Probably earliest written eye-witness account
3. Around 60 AD- About 30 years after events... eye-witness were still eye-witnessing

B. Story about two people who had no control and how they dealt with their fear... and how Jesus comes and... you'll see

C. V. 21-24

1. Jairus- Named- "Go ask him."
2. Leader of synagogue (which they have found the ruins of)
3. Place where Jesus healed a guy with an impure spirit
4. City where the guy was dropped through the ceiling, Jesus forgave sins AND healed him... made religious leaders angry.
5. Jairus part of that group but had a situation he had absolutely no control over.
6. Other sources tell us his ONLY daughter.
7. Emotion- put yourself there.

D. V. 25-26

1. Explain woman's situation
2. Unclean, outcast/isolated/lonely, suffered under ancient doctors
3. Desperate
4. Sneaks up behind Jesus... "If I just touch his clothes I'll be healed"
5. Superstition/Magic? Didn't matter... she was healed

E. V. 30-32

1. Not magic... Jesus
2. "Who touched me?" Like celebrity saying, "Who took my picture?"
3. Jesus didn't just want to secretly heal her... he wanted everyone to know she was healed, clean, important to him.
4. She knows she can't hide... comes forward "trembling" and admits everything.

F. V. 34

1. "Daughter"- only time recorded.
2. No need to fear.
3. Her faith healed her.
4. Faith in what? – Jesus
5. Superstition had led her to him... but it was her choosing to put faith IN JESUS that healed her.
6. She wasn't healed b/c of WHAT she believed but b/c of WHO she trusted.
7. **Faith is not about what you know or believe, but whom you choose to trust.**

G. Jairus

1. What's he going through this whole time?
2. Waiting. "Come on already!" "Can we do this tomorrow?"
3. Until...

H. V. 35

1. Done. What's the point? "If only these people would've moved!"
2. Ultimate I CAN'T
3. Next is one of the most profound things Jesus said...
4. The idea all of this hinges on...going to sound too simple... it's not

I. V. 36

1. Overhearing= Ignoring.
 2. "Don't be afraid just believe." "Stop fearing-keep believing"
 3. "You trusted me when you first came to me... nothing has changed."
 4. "Don't let fear take away your trust."
 5. BUT... It's over... daughter is dead... that doesn't just change.
 6. I'm sure Jairus had his doubts... he understood basic biology.
 7. But Jesus is telling Jairus to trust him...
 8. **Faith is choosing to trust even if there are still doubts.**
 9. It's a choice...
 10. Looking at the evidence of your situation and the evidence of who Jesus is... what do you choose? Who do you choose to trust?
- J. So Jesus, **Peter**, James, John go to Jairus' house
1. Loud commotion... professional mourners.
 2. Jesus- "knock it off. She's just asleep"... how the first Christians described death.
 3. They laugh at him- They knew dead.

K. V. 40b-41

1. Again touching unclean things...
2. When Jesus touches unclean things he makes them clean... interesting.
3. Aramaic- "Little Girl, I say to you, get up."
4. Not magic... just himself.

L. V. 42-43

1. Astonished- Completely out of their minds with amazement.
2. Don't tell anyone- Knew people would just focus on the miracles and not what they represented...
3. Who he was and the new life he was offering.

M. Remember... Our level of confidence is shaped by what we choose to trust.

N. Jairus could've had all of his trust in himself...

1. I MUST- tried to take care of his daughter himself- prayed harder? Made extra sacrifices? Scream at Jesus to get his butt moving?
2. I CAN'T- It's impossible she's gone.
3. Instead he chose to resist fear and said I TRUST
4. And he ended up with a perfectly healthy daughter and being out of his mind with amazement.
5. He knew none of it depended on him.
6. He chose to trust the only person who is truly trustworthy.

IV. YOU

- A. Who or what are you choosing to trust?
- B. When you start looking at everything you have to do, every one that depends on you, the uncertainty of the future... Do you say I MUST, I CAN'T, or I TRUST?
- C. Jesus says I am for you, I love you, just trust me.
- D. Yeah but... Jesus can heal and he chooses not to! How can I trust him?
1. We have a choice in this situation...
 2. Blame or Trust.
 3. Blame him for saying he's for you, all-knowing, and all-powerful and still choosing not to heal...
 4. OR trust that since he is FOR you and all-knowing and all-powerful he has a good reason for what he is doing that we might not know.
 5. **Faith takes practice**... the more you use it the stronger it gets... like muscle.

- E. Faith is not knowing a lot about God and religion. And it's not something that temporarily happens when you need it.
 - 1. Courageous faith is choosing to trust that Jesus is who he says he is and will do what he says he will do.
- F. You use Faith everyday... **Stool**
- G. What step are you being asked to take?
 - 1. Maybe it's just being willing to be open to the idea that there is a loving God that exists?
 - 2. Maybe it's choosing to trust that God knows what's best for you and following him even when you disagree with him.
 - 3. Maybe its choosing to not freak out b/c you can't see the end of the tunnel and choosing to trust him with every step of your journey.
 - 4. And maybe it's time to Courageous trust that Jesus is who he said he is... savior of the world... and will do what he said he will do... give you a perfect relationship with God simply by trusting him.
- H. So who will you choose to trust?
 - 1. You? You AND religion? Or just Jesus?
- I. Try it for 3 days
 - 1. **When I must and I can't fight for control... choose I trust.**
 - 2. "Jesus, Help me trust you"... And then choose to trust.
 - 3. "Yeah but"... "Nope I'm trusting."
 - 4. You can freak out in 3 days if you need to.

V. WE

- A. What would a year of not having to worry look like for you?
 - 1. That no matter what situation you were in you knew Jesus was in it with you that he was for you and that he could be trusted?
- B. What would our community look like if instead of jumping to conclusions, knee jerk reactions, we knew we could trust that Someone else (other than us and the government) are in control?
- C. What if we as a church, a movement of people discovering what it means to follow-Jesus had the courageous faith to trust Jesus with what we need and chose to love our neighbors as Jesus loves us?
- D. Families would heal, neighborhoods and schools would be better...
- E. **Courageous faith is the first step in becoming what we were always meant to be.**