



Part 3: This Rules
Episode 52 || March 21, 2021



yourcrosscreek.com

Main Points

The Good Life- Experiencing the freedom of being completely loved and accepted by God.

The Good Life is not a reward for good behavior

Religious rules only offer a shadow of the true life Jesus gives.

Rules can't give us the Good Life.

Rules cannot truly change a person.

Rules simply try to get bad people to do less bad things.

Both Religion and Jesus promise to give us The Good Life.

Religion offers to control you. Jesus offers to *free* you.

Jesus doesn't want to make you "better," he wants to make you FREE.

What rules are you trying to follow in order to be closer to God?

Freedom from religious rules is the freedom to truly live The Good Life.

"Show Notes" Resources & Links:

Let us know you're here!
Transcript || Kids Stuff ||
Podcast

Social Media Giveaways:
This week: [Don Froylan Creamery](#)
Last week: [Ricky's Sweets](#)

Donate to Crosscreek & keep a good thing goin'

Music we listened to:
Jon Foreman, [Your Love Is Strong](#)
GOB, [Underground](#)
The Beatles, [Lady Madonna](#)
The Crosscreek band, [I'm Not Givin' Up](#) (cover)

Drive In Party RSVP
[Easter Eve Tailgate Party:](#)
April 3, 4:30pm

Suggested Bible Reading:
[Colossians 2:16-23](#)
[Matthew 11:28-30](#)

Recommended Resources:
[Jesus vs. Religion](#) series (July 2020)
[You Are Special](#) by Max Lucado

Message Passage

So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths. For these rules are only shadows of the reality yet to come. And Christ himself is that reality. Don't let anyone condemn you by insisting on pious self-denial or the worship of angels, saying they have had visions about these things. Their sinful minds have made them proud, and they are not connected to Christ, the head of the body. For he holds the whole body together with its joints and ligaments, and it grows as God nourishes it.

You have died with Christ, and he has set you free from the spiritual powers of this world. So why do you keep on following the rules of the world, such as, "Don't handle! Don't taste! Don't touch!"? Such rules are mere human teachings about things that deteriorate as we use them. These rules may seem wise because they require strong devotion, pious self-denial, and severe bodily discipline. But they provide no help in conquering a person's evil desires.

Colossians 2:16-23 NLT

Discussion Questions

1. How have you seen God working in your life this week?
2. What in this week's episode and/or passage surprised, annoyed, shocked, or encouraged you?
3. Read [Matthew 11:28-30](#). Do you see a difference from what Jesus said to the religion(s) you've seen or experienced in the past? If so, why do you think there's a difference?
4. What are the barriers/challenges you have to accepting or living out the freedom Jesus offers? How can your group pray for you in that this week?



www.yourcrosscreek.com/easter/



www.yourcrosscreek.com/egg/